

Community Action Team Los Angeles Air Force Base

Integrated Prevention
Phone 310-653-5052



	First Sergeant	School Liaison Officer 653-5262	Mental Health 653-6860	Health Promotions 653-6708	Chaplain Services 653-5080	Family Advocacy 653-6860	Exceptional Family Member Program (Family Support) 310-653-5536	Legal Office 653-3084	Sexual Assault Response 653-7272	Military & Family Readiness 653-5428	Military Family Life Counselor 310-658-2334	Military Child Life Counselor 213-424-5162	Equal Opportunity 310-653-1902	Special Victims Counsel 1-805-606-1521	Commander Director
Family															
Change in Schools	•	•			•		•			•		•			•
Deployments	•	•	•				•				•				•
Divorce/Separation	•		•			•				•		•			•
Getting Married	•				•					•		•			•
Loss of Family Member/Friend	•		•		•					•		•			•
New Parent	•				•	•				•		•			•
PCSing	•	•	•		•			•		•		•			•
Raising Teens	•	•			•					•		•			•
Relationship Challenges	•		•		•					•		•			•
Reasonable Accommodations/Needs	•				•		•								•
Single Parent	•				•	•		•		•		•			•
Spouse Finding Work	•				•					•					•
Strengthening Marriage	•		•		•					•					•
Personnel															
Abuse or Trauma (past)	•		•		•	•			•						•
Alcohol Misuse/Substance Abuse	•		•		•										•
Anger Management	•		•		•	•									•
Anxiety	•		•		•					•					•
Dating Violence	•		•		•										•
Disability/Information and Referrals	•						•								•
Discrimination	•		•		•			•		•			•		•
Domestic Violence	•		•		•			•							•
Health Concerns	•		•	•	•										•
Loneliness/Isolation	•		•		•					•		•			•
Low Self-Esteem	•		•	•	•					•		•			•
Sexual Assault	•		•		•				•					•	•
Sleep Difficulties	•		•	•	•										•
Special Education/ Case Management	•						•			•					•
Stress	•		•	•	•	•				•		•			•
Suicide Ideation	•		•		•					•					•
Weight and Nutrition Management	•			•	•										•
Finance															
Emergency Need	•									•					•
Foreclosure	•									•					•
Mortgages/Loans	•									•					•
Retirement/Separation	•									•					•
Legal															
Divorce	•							•		•		•			•
Power of Attorney	•							•							•
Wills	•							•							•
General Legal Advice	•							•							•

Helping Agencies		Emergency Services	
ADAPT	310-653-6860	Visitor Control Center	310-653-0548
Military and Family Readiness Center	310-653-5428	Ambulance (on or off base)	911
American Red Cross	1-800-733-2767	Command Post	310-653-3070
Base Operator	310-653-1110	Fire	911
Child Development Center	310-653-6800	National Suicide and Crisis Lifeline	988
Education Center	310-653-5418	Chaplain (Duty Hours)	310-653-5080
24/7 Employee Assistance Program (EAP)	1-866-580-9078	Chaplain (Non-Duty Hours)	310-653-3070/310-864-5066
Equal Opportunity Office	310-653-1902	Emergency Management	310-653-6906
Exceptional Family Member Program (EFMP) Medical	310-653-6753	Family Advocacy	310-653-6860
Health Promotion Team	310-653-6708	Mental Health Clinic	310-653-6860
Inspector General	310-653-2135	Medical Appointment Line	310-653-2873
Military Child Life Counselor	213-424-5162	Air Force Wounded Warrior Program (AFW2)	1-800-581-9437
Military Family Life Counselor	310-658-2334	Sexual Assault Response/Victim Advocate	310-653-7272
Military OneSource	1-800-342-9647	Special Victims' Counsel	1-805-606-1521
Personal Financial Counselor	505-231-3491	Security Forces (CRIME-STOP Off-Base Phone)	310-653-2121
School Liaison Officer	310-653-5262	National Sexual Assault Hotline	1-800-656-HOPE (4673)
Youth Programs	310-653-8383		

Updated 17 Apr 23

The Community Action Team (CAT) is a coalition of Los Angeles Air Force Base helping agencies that have created a seamless system of services designed to assist our Military Members, DoD employees, and their Families.

The CAT is committed to the comprehensive health of our community by assisting with life demands through services, prevention programs, and educational opportunities at Los Angeles Air Force Base.

